



Our Healthy Kids

Health &
Wellbeing
Program for
NSW Kids

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AH&MRC
Aboriginal Health & Medical
Research Council of NSW



AH&MRC
Live, Longer, Stronger



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Healthy Friendships Healthy Life

A good friend is someone who cares about you,
listens to you and will try to help when you need it.

Be a good friend and always treat people with
kindness and respect.

