

Healthy Habits

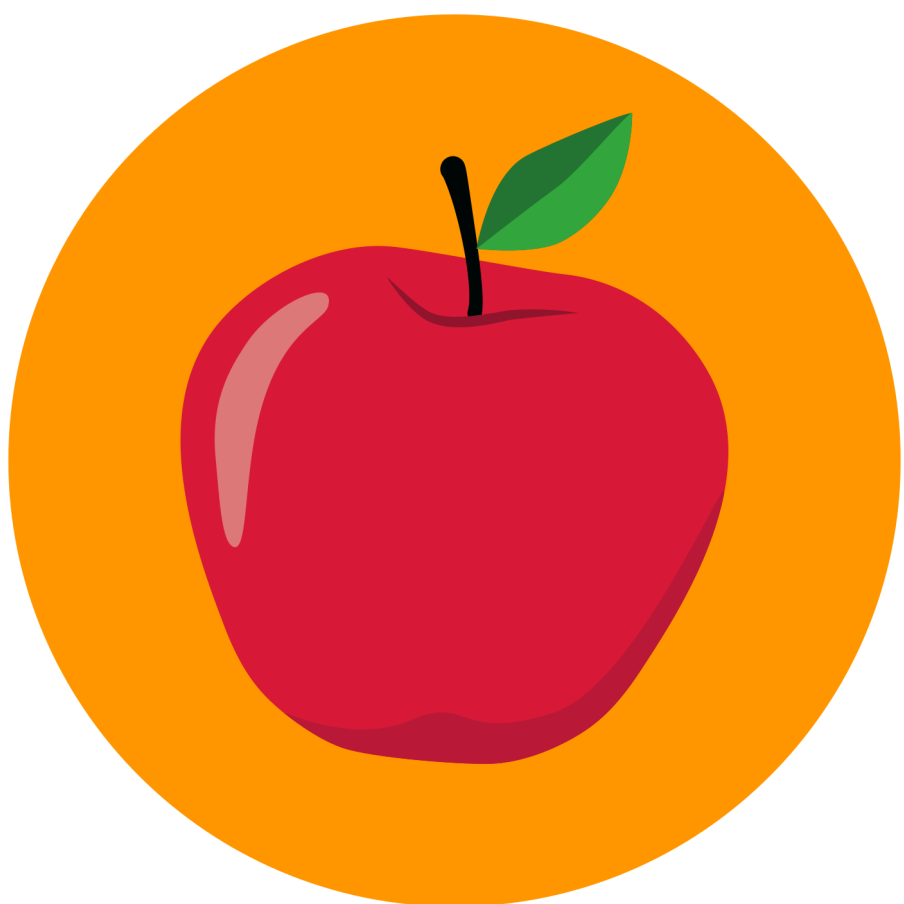
Colour the happy face if you have done these things today:



Brushed your teeth



Washed your hands



Ate a healthy snack



Talked about your feelings

